Lymphoproliferative disorder involving body fluid: diagnostic approaches and roles of ancillary studies

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Lymphocyte-rich effusions represent benign reactive process or neoplastic condition. Involvement of lymphoproliferative disease in body cavity is not uncommon, and it often causes diagnostic challenge. In this review, we suggest a practical diagnostic approach toward lymphocyte-rich effusions, share representative cases, and discuss the utility of ancillary tests. Cytomorphologic features favoring neoplastic condition include high cellularity, cellular atypia/pleomorphism, monomorphic cell population, and frequent apoptosis, whereas lack of atypia, polymorphic cell population, and predominance of small T cells usually represent benign reactive process. Involvement of non-hematolymphoid malignant cells in body fluid should be ruled out first, followed by categorization of the samples into either small/medium-sized cell dominant or large-sized cell dominant fluid. Small/medium-sized cell dominant effusions require ancillary tests when either cellular atypia or history clinincal suspicion of lymphoproliferative disease is present. Large-sized cell dominant effusions usually suggest neoplastic condition, however, in the settings of initial presentation or low overall cellularity, ancillary studies are helpful for more clarification. Ancillary tests including immunocytochemistry, in situ hybridization, clonality test, and next-generation sequencing can be performed using cytologic preparations. Throughout the diagnostic process, proper review of clinical history, cytomorphologic examination, and application of adequate ancillary tests are key elements for successful diagnosis.

Key Words: Cytology; Body fluid; Malignant lymphoma; Lymphoproliferative disorder; Immunocytochemistry; Polymerase chain reaction; Next-generation sequencing

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Effusions in the body cavities occur as the common complication in patients with various types of diseases including benign condition and malignancy. Among the cytologically proven malignant body fluid effusions, involvement of malignant lymphoma is not uncommon. It is reported that about 10%–15% of all malignant pleural effusions and ascites were caused by malignant lymphoma [1-4], after more common causes including carcinomas of lung, breast, and ovary.

Lymphocyte-rich effusions pose a diagnostic challenge in cytopathology, because effusions can be caused by non-neoplastic etiology [2], consisting of predominantly small lymphocytes, thereby mimicking low-grade indolent lymphomas [3-5]. It is often hard to discriminate lymphoma cells from reactive activated lymphocytes based on cytomorphology and cellular atypia. In addition, lymphoma is a very heterogeneous disease composed of tens of entities, and thus their cytomorphological features are highly variable across disease entities and even in a single disease entity as well. Therefore, careful review of clinical history and precise cytologic examination along with proper use of ancillary tests are essential for accurate diagnosis of lymphoproliferative disease (LPD) involving body fluid. In this review, we aim to discuss the clinical pathological characteristics, diagnostic strategies, ancillary studies, and special considerations regarding LPD involving body fluid. It should be noted that specific diagnosis of hematolymphoid malignancy diagnosis should be based on tissue material and is not necessarily the scope of cytologic diagnosis in practice, except for a few rare conditions (i.e., lymphoma initially or solely presented with effusion, such as primary vitreoretinal lymphoma). However, understanding of unique cytomorphology of lymphoma entities may be very helpful and thus will
be partly addressed in this review.

**CLINICOPATHOLOGICAL CHARACTERISTIC OF LYMPHOPROLIFERATIVE DISEASE INVOLVING BODY FLUID**

Body fluid effusions are common complication of LPD and are generally associated with poor prognosis [6-8]. Pleural effusion complicates about 6%-20% of patients with non-Hodgkin lymphoma (NHL), where the proportion is higher with mediastinal involvement [9,10]. Significant age variation is reported in lymphomatous effusions; LPD accounted for the most common cause of malignant body fluid in the children under age 18 years, while only a minority of malignant pleural effusion was caused by LPD in the patients over 40 years of age [3].

Lymphomatous effusions can be either primary or secondary. Primary effusion lymphoma (PEL) is a rare disease entity presenting as serous effusions without detectable nodal disease or tumor masses, which will be discussed later in this review. Secondary involvement of body fluid by LPDs are much more common than PEL. A study in a tertiary medical center in Taiwan [11] reported that the lymphomatous effusions were more commonly caused by B-cell NHL (27/36, 75.0%) than T-cell NHL (8/36, 22.2%) or classic Hodgkin lymphoma (1/36, 2.8%). Most common causes included diffuse large B-cell lymphomas (DLBCL) and high-grade B-cell lymphomas (16/36, 44.4%), followed by peripheral T-cell lymphomas (6/36, 16.7%) and mantle cell lymphomas (MCL) (5/36, 13.9%) [11].

To have a glance at the real world data of lymphomatous effusions, we collected the consecutive cases of cytologically diagnosed LPDs involving body fluid and cerebrospinal fluid (CSF) in Seoul National University Hospital in the year 2020 (Table 1). Samples definitely diagnosed with involvement of hematolymphoid malignancy were included, and those with indeterminate diagnosis such as ‘atypical cells’ were excluded from the collection to provide clearer view. Our results on body fluid also showed the predominance of B-cell NHLs (12/24, 50.0%) including DLBCLs and high-grade B-cell lymphomas. On the other hand, CSF involvement by leukemic conditions (9/17, 52.9%) outweighed that by lymphoid neoplasm (7/17, 41.2%) or myeloma (1/17, 5.9%).

### Table 1. Subtypes of hematolymphoid malignancies in body fluid and CSF diagnosed at Seoul National University Hospital in 2020

<table>
<thead>
<tr>
<th></th>
<th>Body fluid</th>
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<th>CSF</th>
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<tr>
<td></td>
<td>No. (%)</td>
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<tr>
<td><strong>Body fluid</strong></td>
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<tr>
<td>B-cell NHL</td>
<td>12 (50.0)</td>
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<td>7 (41.2)</td>
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<tr>
<td>DLBCL/LBCL</td>
<td>7 (29.2)</td>
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<td>5 (29.4)</td>
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<tr>
<td>HG B-NHL</td>
<td>2 (8.3)</td>
<td></td>
<td>1 (5.9)</td>
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<tr>
<td>MCL</td>
<td>1 (4.2)</td>
<td></td>
<td>1 (5.9)</td>
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<tr>
<td>Effusion-based lymphoma</td>
<td>2 (8.3)</td>
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<tr>
<td>T-cell NHL</td>
<td>3 (12.5)</td>
<td></td>
<td>5 (29.4)</td>
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<tr>
<td>T-prolymphocytic leukemia</td>
<td>3 (12.5)</td>
<td></td>
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<tr>
<td>chHL</td>
<td>1 (4.2)</td>
<td></td>
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<tr>
<td>Multiple myeloma</td>
<td>3 (12.5)</td>
<td></td>
<td>5 (29.4)</td>
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<tr>
<td>Leukemia</td>
<td>3 (12.5)</td>
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<td>3 (17.6)</td>
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<tr>
<td>AML</td>
<td>2 (8.3)</td>
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<td>2 (11.8)</td>
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<td>T-LBL</td>
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<tr>
<td><strong>Total</strong></td>
<td>24 (100)</td>
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<td>17 (100)</td>
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<tr>
<td><strong>CSF</strong></td>
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<tr>
<td>B-cell NHL</td>
<td>7 (41.2)</td>
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<tr>
<td>DLBCL/PNSL</td>
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<td>BL</td>
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<td>T-cell NHL</td>
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<td>5 (29.4)</td>
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<td>chHL</td>
<td>0</td>
<td></td>
<td>3 (17.6)</td>
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<tr>
<td>Multiple myeloma</td>
<td>1 (5.9)</td>
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<td>1 (5.9)</td>
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<tr>
<td>Leukemia</td>
<td>9 (52.9)</td>
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<td>6 (35.3)</td>
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<tr>
<td>B-ALL</td>
<td>5 (29.4)</td>
<td></td>
<td>3 (17.6)</td>
<td></td>
</tr>
<tr>
<td>AML</td>
<td>3 (17.6)</td>
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<td>1 (5.9)</td>
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<tr>
<td>BPDCN</td>
<td>1 (5.9)</td>
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<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>17 (100)</td>
<td></td>
<td>17 (100)</td>
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</tbody>
</table>

CSF, cerebrospinal fluid; NHL, non-Hodgkin lymphoma; DLBCL, diffuse large B-cell lymphoma; LBCL, large B-cell lymphoma; HG B-NHL, high-grade B-cell non-Hodgkin lymphoma; MCL, mantle cell lymphoma; chHL, classic Hodgkin lymphoma; AML, acute myelogenous leukemia; T-LBL, T-cell lymphoblastic lymphoma; PCNSL, primary central nervous system lymphoma; BL, Burkitt lymphoma; B-ALL, B-cell acute lymphoblastic leukemia; BPDCN, blastic plasmacytoid dendritic cell neoplasm.

**DIAGNOSTIC APPROACH TO LYMPHOPROLIFERATIVE DISEASES INVOLVING BODY FLUID**

Previous studies have proposed various diagnostic algorithms for lymphocyte-rich effusions. Chen et al. [12] presented an algorithmic approach based on the cell size (large, intermediate, and small) and morphologic features (Reed-Sternberg like and plasmacytoid), along with immunohistochemical panel and genomic assays for proper subtyping of LPDs in body fluid. Gochhait et al. [13] also suggested cell sized based triage using a 3-tier (large, intermediate, and small) system for initial classification, whereas more practical 2-tier (small and large) scheme was recently introduced [5]. We consider that 2-tier scheme would be easier to apply in daily practice, particularly for pathologist other than hematopathologist, therefore, we suggest a modified diagnostic algorithm as depicted in Fig. 1.

First, it is important to acknowledge that non-hematolymphoid malignant cells in body fluid specimens can masquerade as lymphocyte-rich effusions. Specific subtypes of non-hematolymphoid...
logic cancers often showing discohesive cells include invasive lobular carcinoma of breast [14], small cell lung carcinoma [15], gastric signet ring cell carcinoma [16,17], malignant melanoma [18], and small round cell sarcomas [19] including Ewing sarcoma and rhabdomyosarcoma. Careful review of clinical history and cytomorphology is crucial for differential diagnosis; the cytomorphology of discohesive non-hematolymphoid malignant effusion will not be elaborated in this review. Adjunctive testings including immunocytochemistry (ICC) using cell blocks (CB) could be helpful for differential diagnosis, which will be discussed in detail in ancillary tests section.

After ruling out the possibility of non-hematolymphoid malignant cells in body fluid specimens, we suggest starting with the assessment of the size of the lymphocytes in the effusion fluid and categorize the samples into either small/medium-sized cell dominant or large-sized cell dominant fluid (Table 2, Fig. 1). The criteria for defining cell size are proposed as follows: small/medium-sized cells have diameters less than those of 2 mature lymphocytes or red blood cells (RBCs), while large-sized cells usually have diameters exceeding 3 to 4 times of those of lymphocytes or RBCs.

Representative neoplastic conditions presenting as small/medium-sized cell dominant or large-sized cell dominant fluid are summarized in Table 2 (right column). However, it should be emphasized that classification of hematolymphoid malignancy other than PEL using fluid is beyond the scope of cytopathologic diagnosis in practice.

Body fluid rich in small/medium-sized lymphoid cells

When dealing with the effusions having predominantly small/medium-sized cells, the distinction between neoplastic conditions from reactive lymphocytosis is often very difficult. Numerous physiologic and pathologic processes can produce reactive lymphocytosis, and commonly encountered causes are described in Table 2 and Fig. 2A–C. Careful review of clinical history should be taken to rule out the possibilities of reactive lymphocytosis; conversely, if the patients have history of previous or suspected concurrent LPD, this warrants further investigation with ancillary studies.

Cytomorphological clues indicating a malignant process in small/medium-sized effusions are suggested in Table 3. Cellular atypia usually refers to the following features: irregular nuclear membrane, nuclear folding or cleavage, coarse chromatin or unusual chromatin patterns (e.g., clotted or soccer-ball-like) [5].
However, one should note that these atypical features are hardly recognizable in small/medium-sized lymphocytes in effusion cytology, especially on liquid-based cytology [20] where the cells and their nuclei appear smaller than in conventional smears. Nevertheless, when there is significant and obvious cellular atypia in the small/medium-sized cell predominant effusions, further workup including ancillary tests is strongly recommended.

On the other hand, monomorphic appearance of small/medium-sized lymphoid cells with high cellularity usually represents a neoplastic process (Fig. 2D–F), therefore justifying the use of ancillary tests even in the absence of clinical history of LPD. In addition, frequent apoptotic figures also indicate a likelihood of malignant fluid (Fig. 2E).

When small/medium-sized lymphoid cells are dispersed in the polymorphous cellular background, it usually suggests benign reactive process, especially when combined with large centroblasts, immunoblasts, and plasma cells. However, when medium to large plasmacytoid cells are predominant cellular components, outnumbering all other cell types, careful consideration should be taken to rule out the possibility of plasma cell neoplasm. Thorough review of clinical features and assessment of nuclear atypia would aid in the differential diagnosis.

**Body fluid rich in large-sized lymphoid cells**

Large cell dominant (particularly monomorphic) lymphoid effusions almost always suggest pathologic conditions, therefore diagnostic steps on these fluids are easier to approach. In many cases, large cells show significant cytologic atypia and the background usually exhibit degenerated cell debris, necrosis and apoptosis. DLBCL is the most common cause of secondary large cell predominant lymphoid effusions, and often suggest poor prognosis (Fig. 3A, B) [7]. Less common causes of body fluids rich in large cells include leukemic conditions (Fig. 3C), and T- or natural killer (NK)-cell lineage lymphomas of certain entities which often show twisted, convoluted or multi-lobated nuclei and nuclear folding or grooving (Fig. 3D). In many cases, the diagnosis of large cell predominant lymphoid effusions is followed by ancillary studies for accurate subtyping, if required, and prognostic stratification, which will be further discussed in ancillary tests section.

### SPECIFIC DISEASE ENTITIES

**Primary effusion lymphoma**

PEL is a unique type of large B-cell lymphoma presenting solely as serous effusion in body cavity without tumor masses, lymphadenopathy or organomegaly, usually associated with immunodeficient condition (as represented by human immunodeficiency virus [HIV] infection). PEL is almost always associated with human herpes virus 8 (HHV8) and may be co-infected with Epstein-Barr virus (EBV). It usually confers extremely unfavorable prognosis, with expected median survival of less than 6 months [21].

According to a recent nationwide study, PEL accounts for 0.1% of all malignant lymphoma in Republic of Korea [21,22]. Typically, PEL is composed of large size B-cell with immunoblastic, plasmablastic or anaplastic morphology and shows post-germinal center plasmablastic differentiation. A typical example is shown in the Fig. 4A. A 79-year-old male patient with a history

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**Table 2. Etiology of lymphocyte-rich effusions**

<table>
<thead>
<tr>
<th>Etiology of lymphocyte-rich effusions</th>
<th>Neoplastic lymphocyte-rich effusion</th>
</tr>
</thead>
<tbody>
<tr>
<td>Benign lymphocyte-rich effusion</td>
<td>Small/medium-sized cells</td>
</tr>
<tr>
<td>Infectious cause</td>
<td>Mantle cell lymphoma</td>
</tr>
<tr>
<td>Tuberculosis</td>
<td>Follicular lymphoma</td>
</tr>
<tr>
<td>Viral infection</td>
<td>Small lymphocytic lymphoma/chronic lymphocytic leukemia</td>
</tr>
<tr>
<td>Fungal infection</td>
<td>Lymphoplasmacytic lymphoma</td>
</tr>
<tr>
<td>Systemic disease</td>
<td>Marginal zone lymphoma</td>
</tr>
<tr>
<td>Congestive heart failure</td>
<td>Lymphoblastic lymphoma</td>
</tr>
<tr>
<td>Renal failure</td>
<td>Burkitt lymphoma</td>
</tr>
<tr>
<td>Liver cirrhosis</td>
<td>Myeloid leukemia</td>
</tr>
<tr>
<td>Sarcoidiosis</td>
<td>T/NK-cell lymphoma</td>
</tr>
<tr>
<td>Rheumatoid disease</td>
<td>Large-sized cells</td>
</tr>
<tr>
<td>Other rare conditions</td>
<td>Diffuse large B-cell lymphoma</td>
</tr>
<tr>
<td>Chylothorax</td>
<td>Primary effusion lymphoma/effusion-based lymphoma</td>
</tr>
<tr>
<td>Radiotherapy for a malignant disease</td>
<td>Multiple myeloma</td>
</tr>
<tr>
<td>Dasatinib-induced pleural effusion in patients with leukemia</td>
<td>Burkitt lymphoma</td>
</tr>
</tbody>
</table>

NK, natural killer.
Diagnosis of lymphocyte-rich effusion

Fig. 2. Differential diagnosis of small/medium-sized cell predominant effusion. Reactive lymphocytosis due to infectious process (A, ascitic fluid from a 64-year-old female with peritoneal tuberculosis) or hemodynamic condition (B, pleural fluid from a 59-year-old male who underwent lung transplantation) result in producing small/medium-sized cells. Chylothorax is another uncommon condition showing small/medium-sized lymphocyte-predominant body fluid (C, pleural fluid from a 50-year-old male). In neoplastic conditions, the overall cellularity of small/medium-sized cells are very high and often accompanied by apoptotic bodies, as shown in the pericardial fluid from a 72-year-old male with known mantle cell lymphoma (D) and ascitic fluid from a 46-year-old male with Burkitt lymphoma (E, inset showing H&E staining of the tumor). The site of fluid accumulation also gives a clue, especially cerebrospinal fluid (CSF) where high cellular composition almost always suggests a pathologic condition (F, CSF from a 42-year-old female with B–acute lymphoblastic leukemia).

of prostate cancer presented with dyspnea on exertion, where large amount of pleural effusion was noted. On systemic work-up, there was no evidence of solid tumor mass or lymphadenopathy. Drained pleural fluid was composed of numerous large lymphoid cells with many apoptotic bodies, and subsequent ICC on CB revealed CD45-positive, CD20-negative, CD38-positive and HHV8-positive immunophenotype, consistent with PEL.

Recently, further subtyping of PEL was suggested, namely PEL type I and type II [23]. In contrast to the classic type I PEL, type II PEL (also called effusion-based lymphoma) is characterized by frequent expression of pan B-cell markers (e.g., CD20 and CD79a) and less plasmablastic differentiation; most importantly, type II is often HHV8-negative and rarely associated with HIV. Clinically, type II PEL is rather associated with medial conditions which lead to fluid overload states, including hepatitis C viral infection. We also experienced a case of HHV8-negative effusion-based large B-cell lymphoma (Fig. 4B). Type II PEL also confers poor prognosis [23–25], despite a little better than the type I.
Dasatinib-induced effusion

Another unique entity presenting as body cavity-based lymphocyte-rich effusion is dasatinib-induced effusion. Dasatinib is the second-generation tyrosine kinase inhibitor used for the treatment of patients with BCR-ABL translocation positive chronic myelogenous leukemia (CML) [26]. The abnormal accumulation of body fluid occurs in about 20% to 40% of patients with CML receiving dasatinib, where severe forms develop in 3% to 7% of patients [27,28]. The effusion is composed of clonal proliferation of cytotoxic T- or NK-cells. Although the pathogenesis is unclear, several hypotheses are suggested including increased vascular permeability due to kinase inhibition or immune-mediated reaction [27]. Temporary reduction of dasatinib dosage or short-term steroid therapy usually alleviate the effusion, therefore, it is very important to recognize the lympho-dominant nature of the fluid, thus, not to be confused with the secondary leukemic involve-

Table 3. Cytomorphologic clues for distinction between reactive and neoplastic process in small/medium-sized cell predominant fluids

<table>
<thead>
<tr>
<th>Favor reactive</th>
<th>Favor neoplastic</th>
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<tbody>
<tr>
<td>Lack of atypia</td>
<td>High cellularity</td>
</tr>
<tr>
<td>Polymorphic cells</td>
<td>Cellular atypia/pleomorphism</td>
</tr>
<tr>
<td>Predominantly small-sized T cells</td>
<td>Monomorphic cells</td>
</tr>
<tr>
<td></td>
<td>Frequent mitoses and apoptosis</td>
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</table>

Fig. 3. Differential diagnosis of large-sized cell predominant effusion. Ascitic fluid drained from a 60-year-old male patient with heavily treated diffuse large B-cell lymphoma (DLBCL) has numerous large, atypical cells in the background of apoptotic bodies (A). Another malignant effusion from a DLBCL patient show predominantly immunoblastic morphology, highlighted by central, prominent nucleoli (B). A 42-year-old male with known myeloid sarcoma presented with pleural fluid, where numerous atypical cells were observed, representing a rare cause of malignant effusion (C). Another rare cause of malignant pleural effusion included a 74-year-old female patient with monomorphic epitheliotropic intestinal T-cell lymphoma involving colon and lung (D). Note the peculiar cellular appearance including folded nuclei and cytoplasmic tails (D, inset).
Fig. 4. Primary effusion lymphoma and effusion-based large B-cell lymphoma. For the differential diagnosis of large-sized cell dominant fluid effusion, immunocytochemistry was performed, which revealed immunophenotype consistent with primary effusion lymphoma (A). A case of effusion-based large B-cell lymphoma, also known as type II primary effusion lymphoma, is depicted (B). Note the distinct immunophenotype including negativity for human herpes virus 8 (HHV8) and Epstein-Barr virus (EBV) in situ hybridization.
Breast implant associated anaplastic large cell lymphoma

Breast implant associated anaplastic large cell lymphoma (BI-ALCL) is a rare type of non-Hodgkin T-cell lymphoma occurring in patients who underwent breast augmentation procedure [29-31]. About two thirds of patients present with effusion around the implant, after 9 years from implantation on average [29]. Aspiration fluid cytology evaluation is an effective and minimally invasive method for the diagnosis of BI-ALCL [32].

Aspirated fluid from the patients with BI-ALCL usually shows hypercellular population of large atypical lymphoid cells with lobulated nuclei [33]. Cytoplasmic vacuolizations can be extensive, and necrotic or fibrinoid background can be a distinguishing feature from ‘benign seroma’ composed of transudate fluid. When BI-ALCL is suspected, CB preparation is recommended for ancillary studies [33].

ANCILLARY TESTS

Concerns regarding the cytology preparation

Body fluid specimen drawn from the patients can be processed for adequate evaluation using variable methods including conventional smears, cytospins, CBs and LBC [34]. Most of the reports comparing the diagnostic performance of variable preparations showed that the newer technology—LBC—is comparable to that of conventional methods [34-37]. Specifically, LBC usually result in better cell yield, provide easier examination since cells are evenly dispersed in a small area, with minimal drying artifact and erythrocytes obscuring examination. However, some technical disadvantages of LBC preparation should be kept in mind. During the process, morphologic alterations including cell/nuclear size shrinkage and architecture disruption can occur [38]. Despite these disadvantages, stored LBC material can be processed for CBs, immunostainings and molecular genetic analyses up to 3 or 4 months [34], therefore, LBC preparation is a preferred method with many additional advantages with comparable diagnostic efficacy.

CB and hematoxylin and eosin stain

When dealing with effusions from patients with known history or clinical suspicion of LPD, or those rich in large-sized lymphoid cells, it is important to preserve a portion of specimen to establish CB with appropriate preparation method. Since the most of procedures in pathology laboratories are based on the use of formalin fixed paraffin embedded (FFPE), CBs can readily be handled with ease. In addition, CB specimens retain the cytomorphologic features and antigenicity for further microscopic examination and ICC studies [39,40].

Immunocytochemistry

ICC is the most commonly used ancillary study for the diagnosis of lymphocyte-rich effusion. The ICC stains retain the cytomorphologic features and expression of certain markers help the confirmatory diagnosis in some entities, i.e., HHV8 expression in PELs. In many cases, panels of multiple items including lineage markers are required for the diagnosis of LPD in effusion cytology.

Fig. 5A shows pleural effusion fluid from a 77-year-old man, where medium-sized lymphoid cells were predominant. CB was prepared and subsequent ICC revealed CD20-positivity, suggesting the possibility of B-cell lymphoma. The cells were negative for cyclin D1 but SOX11 positive, rendering the diagnosis of lymphoma, consistent with MCL. Fig. 5B is another pleural fluid specimen drained from a 46-year-old male, and numerous MUM1 positive plasmacytoid cells having abundant cytoplasm and eccentric nuclei are observed. The cells were diffusely positive for lambda while negative for kappa; this light chain restriction revealed by ICC aids in confirming the neoplastic nature of the fluid and involvement of patient’s underlying multiple myeloma.

Flow cytometry

Body fluid effusions are often suitable samples for flow cytometry (FC), given the samples are not fixed by alcohol or formalin. FC-based analysis is an extremely useful method when dealing with differential diagnosis of effusion-based hematolymphoid malignancy, because this technology provides a reproducible, quantitative and sensitive immunophenotyping of cells, using fluorescent-tagged antibodies targeting surface markers [5,41-44]. Similar to ICC, FC analysis using a panel of antibodies can provide diagnostic clues in lymphoid malignancies. One important consideration should be noted; since the reactive lymphocyte-rich effusions are often T-cell predominant, T-cell abundance shown by FC does not guarantee the diagnosis of T-cell lymphoma [5,41].

Though rarer than lymphoid diseases, FC also serves important roles in leukemic conditions [41,43]. For instance, involvement of chronic lymphocytic leukemia (CLL) on body fluid can be very difficult to distinguish from reactive lymphocytosis. When there is clinical history or suspicion for CLL, FC is strongly recommended, and documentation of CD19+, CD20+ B-cell with CD5 or CD23 expression can qualify the diagnosis of CLL involvement [43].
Diagnosis of lymphocyte-rich effusion

Clonality studies

Many studies have shown the efficacy of polymerase chain reaction (PCR) for the assessment of immunoglobulin heavy chain (IgH) gene rearrangements or TCRγ gene rearrangements. Recently, clonality tests in many pathology laboratories are readily performed using BIOMED-2 assay [45,46]. Many studies have reported that detecting clonality is useful for the differential diagnosis between reactive lymphocytosis and lymphomatous fluid [47-51].

Fig. 6A shows a case where clonality testing was very helpful in the diagnosis. A 61-year-old female was diagnosed with primary central nervous system (CNS) DLBCL by stereotactic biopsy, and her CSF contained a few atypical lymphoid cells (Fig. 6A). B-cell monoclonality was found in IgH gene rearrangement study, strongly suggesting the involvement of DLBCL.

Reactive effusions tend to be T-cell predominant, therefore, T-cell clonality test is often required to confirm involvement of T-cell LPD in body fluids [5,52]. T-cell prolymphocytic leukemia (T-PLL) can rarely involve extramedullary sites [53], and nodal involvement was diagnosed in a 63-year-old female patient (Fig. 6B). The patient developed ascites, and leukemic involvement was suspected. Cytomorphologically, some small/medium-sized lymphocytes were observed and the overall cellularity was not remarkable; however, TCRγ gene rearrangement test proved monoclonal T-cell proliferation, supporting the involvement of T-PLL of patient.

One of the practically useful tips for correct interpretation is to consider comparing the clonality testing result from cytology specimen with that from the tissue specimen. If the both results show clonal peaks/bands with approximately same size, the diagnostic power of lymphomatous effusion could be strengthened.

Clonality test could be useful for the diagnosis of CSF cytology in patients with malignant lymphoma. Review of 101 CSF samples from patients with B-cell lymphoma diagnosed in Seoul National University Hospital from 2015 to 2017 showed that monoclonality by IgH gene rearrangement study using BIOMED-2 assay was detected in 42.9% of cytomorphologically atypical/positive CSF and as much as 18.2% of cytomorphologically nega-
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Fig. 6. Use of molecular tests in the diagnosis of lymphocyte-rich effusion. Few atypical large cells were observed in the cerebrospinal fluid from a patient with diffuse large B-cell lymphoma (DLBCL). B-cell monoclonality was documented by polymerase chain reaction (PCR)-based clonality assay, confirming the central nervous system involvement of lymphoma (A). A 63-year-old woman with known T-lymphocytic leukemia presented with ascitic fluid containing monoclonal T-cell proliferation, suggesting the body cavity involvement (B). A 74-year-old male patient was diagnosed with gastric DLBCL with secondary involvement into ascitic fluid. (C, left) Cytoplogic preparations are suitable materials for high-throughput genetic analysis, and we found IGH-MYC translocation with sufficient supporting reads mapped into chromosomes 8 and 14 (C, right).
disease on neuroimaging (i.e., magnetic resonance imaging), rate of positive/atypical cytology was 35.6% and B-cell monoclonality was detected in 32.9%. The combined interpretation of both cytomorphology and clonality test resulted in a higher concordance up to 50.7% with neuroimaging results. Thus, retrieval of proper clinical and radiological information should accompany the interpretation of molecular study when dealing with CSF cytology.

### In situ hybridization

As in histopathologic diagnosis using FFPE specimens, EBV in situ hybridization can readily be performed on cytological preparations including CB [54]. Identification of EBV is extremely valuable in characterization of certain EBV-associated LPDs, for example, EBV-positive DLBCLs, extranodal NK/T-cell lymphomas or PEL.

Fluorescent in situ hybridization (FISH) is another valuable tool for documentation of genetic alterations. Feasibility of FISH on cytologic preparation is well studied in several studies on solid tumors [51,55-65]. Detection of hallmark genomic variations directly leads to final diagnosis, for example, documentation of BCL2 translocation in follicular lymphoma or MYC translocation in Burkitt lymphoma. Prognostic stratification of high-grade B-cell lymphomas can also be achieved by finding MYC or BCL2 translocation. Development of many commercially available diagnostic FISH probes would enable characterization of less common structural variations, for instance, IRF4/DUSP22 or TP63 translocations.

### Mutational analysis and next-generation sequencing

Recent advances in genomic profiling technologies dramatically accelerated precision diagnosis in daily practice. Multiple techniques including direct sequencing, real-time PCR, pyrosequencing have been performed on cytologic preparations, most notably on effusion fluids from the patients with non-small cell lung cancer [65-70]. Clinically meaningful disease-specific genetic alterations have been uncovered in the majority of lymphoma entities [71]. For instance, detection of MYD88 L265P mutation using allele-specific PCR assay has been proven its efficacy on differentiating lymphoplasmacytic lymphomas [72,73] from other types of low-grade B-cell lymphomas. Recently, genetic classification of DLBCL has been recently introduced, and unique genomic landscape of certain DLBCL entities has been identified. For example, primary CNS lymphoma (PCNSL) and primary vitreoretinal lymphoma are characterized by frequent mutations in MYD88 and CD79B. Thus, clonality test and/or MYD88 mutation analysis would be helpful to determine the CSF involvement of PCNSL in equivocal cases based on cytomorphology only. In a similar vein, clonality test and/or MYD88 mutation analysis would be informative in the diagnosis of vitreoretinal lymphoma using cytology specimen (e.g., vitreoretinal fluid) [74-76].

Single gene assays are being gradually replaced by next-generation sequencing (NGS), which enables testing for multiple genetic alterations on a single platform. Accumulating evidences suggest that various types of cytological preparations—smears, cytospins, liquid-based preparations and CBs—can be used for NGS-based assays with equivalent performance [77,78]. Some recommend that a portion of cytology specimens be reserved before CB preparation, for formalin fixation during the process may cause DNA cross-linkage and fragmentation [79-81].

Clinical utility of NGS-based assay on LPDs has been suggested by recent studies, both in diagnostic and prognostic perspectives [82-85]. One example is a report of angioimmunoblastic T-cell lymphoma [86], of which the primary diagnosis was made on pleural effusion fluid by detecting pathognomonic RHOA G17V mutation by targeted NGS as well as immunophenotyping on CB. Fig. 6C shows another example that NGS-based assay helped in the genomic characterization and prognostic stratification of a patient with lymphoma. A 74-year-old male was diagnosed with gastric DLBCL of non-germinal center B-cell immunophenotype, and the patient developed ascites during the course. Targeted NGS using customized panel encompassing 121 lymphoma-related genes was performed, which revealed IGH-MYC translocation. In addition, TET2 truncating mutations and heterozygous deletions of CDKN2A and CDKN2B were also found.

In some instances, cytologic specimens may be the only available resource for diagnosis and genomic profiling, therefore, the importance of cytologic preparation in NGS-based practice would be further expanded [81,87].

**Table 4. Comparison of CSF cytology and PCR-based clonality assay using BIOMED-2 assay for IgH gene rearrangement in patients with B-cell lymphoma**

<table>
<thead>
<tr>
<th>Cytomorphology</th>
<th>IgH gene PCR</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Polyclonal</td>
<td>Monoclonal</td>
</tr>
<tr>
<td>Negative</td>
<td>54 (81.8)</td>
<td>12 (18.2)</td>
</tr>
<tr>
<td>Atypical/Positive</td>
<td>20 (57.1)</td>
<td>15 (42.9)</td>
</tr>
<tr>
<td>Total</td>
<td>74 (73.3)</td>
<td>27 (26.7)</td>
</tr>
</tbody>
</table>

Values are presented as number (%). PCR, polymerase chain reaction.

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CONCLUSION

LPDs can frequently involve body cavities, which can pose significant diagnostic challenge to pathologists. Along with proper review of clinical history, cytomorphologic examination is the key process. Triaging the lymphocyte-rich effusions into small/medium-sized cell predominant and large-cell predominant patterns is a useful diagnostic approach. Since the distinction between reactive lymphocytosis and pathologic LPD is seldom possible based on cytologic atypia alone, ancillary tests guided by cytomorphology and clinical information are crucial. In addition to conventional ancillary testings including ICC and clonality assays, recent advances in NGS technology will further aid in retrieval of precious information from cytology specimens.

Ethics Statement
Not applicable.

Availability of Data and Material
The datasets generated or analyzed during the study are available from the corresponding author on reasonable request.

Code Availability
Not applicable.

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Conflicts of Interest
The authors declare that they have no potential conflicts of interest.

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