

An Immunohistochemical and Polarizing Microscopic Study of the Tumor Microenvironment in Varying Grades of Oral Squamous Cell Carcinoma

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Safia Siddiqui, MDS Department of Oral Pathology and Microbiology, Sardar Patel Post Graduate Institute of Dental & Medical Sciences, Lucknow 226025, UP, India Tel: +91-9838778650 Fax: +91-522-2440335 E-mail: safiasidd4@gmail.com Background: Invasion of epithelial cells into the connective tissue brings about massive morphological and architectural changes in the underlying stroma. Myofibroblasts reorganize the stroma to facilitate the movement of tumor cells leading to metastasis. The aim of this study was to determine the number and pattern of distribution of myofibroblasts and the qualitative and quantitative change that they cause in the collagen present in the stroma in various grades of oral squamous cell carcinoma (OSCC). Methods: The study was divided into two groups with group I (test group, 65 cases) consisting of 29 cases of well-differentiated squamous cell carcinoma, 25 moderately differentiated SCC, and 11 poorly differentiated SCC, and group II (control group) consisting of 11 cases of normal mucosa. Sections from each sample were stained with anti- α -smooth muscle actin (α-SMA) antibodies, hematoxylin and eosin, and Picrosirius red. Several additional sections from each grade of OSCC were stained with Masson's trichrome to observe the changes in collagen. For the statistical analysis, Fisher's exact test, Tukey's post hoc honest significant difference test, ANOVA, and the chi-square test were used, and p<.05 was considered statistically significant. Results: As the tumor stage progressed, an increase in the intensity a-SMA expression was seen, and the network pattern dominated in more dedifferentiated carcinomas. The collagen fibers became thin, loosely packed, and haphazardly aligned with progressing cancer. Additionally, the mean area fraction decreased, and the fibers attained a greenish yellow hue and a weak birefringence when observed using polarizing light microscopy. Conclusions: Myofibroblasts bring about numerous changes in collagen. As cancer progresses, there isincrease in pathological collagen, which enhances the movement of cells within the stroma.

Key Words: Myofibroblast; Collagen; Oral squamous cell carcinoma; α-Smooth muscle actin; Picrosirius red; Polarizing microscope

In India, 130,000 people succumb to oral cancer annually, which translates to approximately 14 deaths per hour.¹ It accounts for over 30% of all cancers in India.² In the United States,, oral cancer represents approximately 13% of all cancers with 30,000 new cases every year.¹

The tumor stroma plays a critical role during carcinogenesis as it is required for the tumor to grow beyond a minimal size of 1–2 mm.³ Inappropriate synthesis or degradation of any extracellular matrix (ECM) component can alter cell physiology and aid in the progression of disease.⁴ The mechanical quality of the ECM is mainly dependent on its collagen content because collagen is the main barrier to be cleared away during invasion.⁵

The ECM mainly consists of type I collagen (approximately 90%) with 8%–10% type III collagen. Electron microscopic studies have shown that type I collagen fibers are coarse and are composed of closely packed, thick fibrils, whereas type III collagen fibers are fine and are composed of loosely dispersed, thin

fibrils.⁶ Collagen fibers exhibit changes in type, diameter, color, orientation, density, and amount with tumor progression.⁷

Myofibroblasts are cancer-induced host cells of the microenvironment and are believed to be derived from normal fibroblasts during times of tissue stress or altered homeostasis. They are defined immunohistochemically by the presence of α -smooth muscle actin (α -SMA).⁸ Additionally, they produce inflammatory mediators and growth factors that aid in ECM reorganization and stimulate epithelial cell proliferation.⁹

Picrosirius red (PSR) stain is a highly specific and selective stain for collagen fibers due to its ability to differentiate between pathological and normal collagen.¹⁰ Using this stain, collagen fibers can be evaluated both qualitatively and quantitatively, and this information can provide useful clues to the various aspects of tumor progression.⁷

The aim of this study was to determine the number and pattern of distribution of myofibroblasts and the qualitative and quantitative changes that they cause in the collagen present in the stroma in various grades of oral squamous cell carcinoma (OSCC).

MATERIALS AND METHODS

After obtaining permission from the Institutional Scientific and Ethical Committee (approval no. 811516/OP/EC), the present study was carried out on tissues archived in the department. Medical records, including informed consent and pathology reports, were reviewed and the patient's age, sex, tumor location, tumor size, differentiation, invasion depth of tumor, lymph node metastasis, and clinical stage were recorded. Patients who had received preoperative chemotherapy and/or radiotherapy were excluded from the study.

The study comprised 76 cases, which were divided into two groups. Group I consisted of 65 cases of histologically proven OSCC with 29 cases of well-differentiated squamous cell carcinoma (WDSCC), 25 of moderately differentiated SCC (MDSCC), and 11 of poorly differentiated SCC (PDSCC). Group II was the control and consisted of 11 cases of normal mucosa obtained following an operculectomy or frenectomy. Smooth muscle cells surrounding the blood vessels were used as a positive internal control for the α -SMA stained slides.

Formalin-fixed, paraffin- embedded tissues were sectioned at 4 μ m, and three sections from each sample were prepared. The first section was mounted on a poly-L-lysine coated slide and stained with antibodies against α -SMA. The second section was stained with hematoxylin and eosin, observed under a light microscope, and graded according to the Broder classification. The third section was stained with PSR and observed under a polarizing light microscope. Several additional sections from each grade of OSCC were obtained and stained with Masson's Trichrome to observe the morphological changes in collagen.

For immunohistochemistry (IHC), the sections were first deparaffinized, hydrated and washed in distilled water for 5 minutes. Antigen retrieval was then performed by immersing the slides in pre-warmed 1 M citrate buffer (pH 6.0) and heating in a microwave oven at 95–98°C for 20 minutes. Blocking of the endogenous peroxidase was performed by immersing the slides in a mixture of 50 mL of methanol with 1.5 mL of hydrogen peroxide for 30 minutes in a humidified chamber followed by washing in distilled water for 5 minutes. The slides were then cooled to room temperature and washed in 1 M Tris buffer (pH 7.2). Primary mouse anti-human α-SMA monoclonal antibody clone1 A4 (Thermo Scientific, Waltham, MA, USA) at a dilution of 1:50–100 was added to the sections, and the slides were incubated for 30 minutes at room temperature. The slides were then washed in 1 M Tris buffer (pH 7.2), and "horse radish peroxidaseconjugated goat anti-mouse secondary antibody" was added to the sections and incubated for 30 minutes. The slides were washed again in 1 M Tris buffer (pH 7.2) followed by the addition of diaminobenzidine (DAB) chromogen in DAB buffer (Thermo Scientific). The slides were incubated for 3 minutes then counterstained with hematoxylin.¹¹ The anti– α -SMA antibody-labelled cells were identified by the strong, dark brown cytoplasmic staining of the myofibroblasts. The samples were then assessed for the intensity and pattern of myofibroblastic proliferation.

For PSR staining, paraffin-embedded tissue sections were dehydrated and de-waxed then stained with Weigert's hematoxylin for 8 minutes. The slides were then washed for 10 minutes under running tap water and stained with PSR stain for 1 hour followed by washing in 2 changes of acidified water. The sections were dehydrated in three changes of 100% alcohol and cleared by dipping in xylene followed by mounting using DPX mounting media and a cover slip. Using light microscopy, the nuclei appear black and collagen appears red. Using polarizing microscopy, collagen fibers produce orange red (OR), yellowish orange (YO), or green/ greenish yellow (G/GY) birefringence.¹¹

Intensity and pattern of α-SMA expression

Intensity score for *a*-SMA

The percentage of cells positive for α -SMA in the tumor stroma were classified into the following categories¹²: absent/0, no positive cells; mild/1+, 1%–33% positive cells; moderate/2 +, 34%–66% positive cells; and intense/3 +, 67%–100% positive cells.

Pattern of *a*-SMA expression

The distribution and arrangement of positively stained myofibroblast cells were classified into three groups: focal, spindle, and network.¹³ Focal indicates no specific arrangement of the myofibroblasts. In the spindle groups, myofibroblasts were arranged in one to three rows in a regular order in the periphery of the neoplastic islands or in the connective tissues with distinctive cell margins around the myofibroblasts and malignant tissue. A "network" classification includes myofibroblasts with vesicular nuclei and abundant cytoplasm arranged in multiple rows with an interwoven network of cytoplasmic extensions forming a network in the stroma of the connective tissue.

Collagen evaluation

The parameters used for the evaluation of the collagen were

thickness, arrangement and orientation, packing, mean area fraction, and hue and birefringence exhibited by the fibers.

For measuring fiber thickness, images of PSR-stained slides were obtained at $400 \times$ magnification and processed using image analysis software (Image J, ver. 1.46 r, NIH, Bethesda, MD, USA). In samples from normal tissues, collagen fibers from the lamina propria were studied, and in OSCC samples, collagen fibers around tumor islands were used. For each section, two separate high-power fields with at least 50 fibers of each size (25 each of thick and thin fibers) were examined.¹⁴ Collagen fibers with a thickness of 2–10 µm were considered thick, type I fibers and fibers 0.5–1.5 µm in diameter were considered thin, type III fibres.¹⁵

The arrangement and orientation of collagen fibers were categorized as either parallel or haphazard based on their appearance in relation to the tumor islands. The evaluation was performed in five selected fields at $100 \times \text{magnification.}^7$

The packing of the collagen fibers was categorized as either dense or loose based on their appearance in 5 selected fields at $100 \times$ magnification in the immediate vicinity of the tumor islands.⁷

For measuring the mean area fraction, images of the sections at $400 \times$ magnification were evaluated using the image analysis software. The percentage of the area occupied by collagen fibers in a given field was calculated for each grade of OSCC and also for normal mucosa.⁷

For determining hue and birefringence, five random highpower fields for each slide of the connective tissue stroma at 400 × magnification were evaluated. In samples from normal tissues, collagen fibers from the lamina propria were studied, and in OSCC samples, collagen fibers around tumor islands were used. The predominant hue exhibited by the collagen fibers was classified as either OR, YO, or G/GY, and the birefringence was classified as either strong or weak.^{67,16-18}

Categorical variables, such as α-SMA expression, pattern, collagen fiber orientation and packing, andhue and birefringence, are expressed as a percentage, and continuous variables, such as collagen fiber thickness and mean area fraction, are expressed as the mean and standard deviation. For the categorical variable, the chi-square testwas used to test the significance of the association. When more than 20% of the individual cells had an expected value of less than five Fisher exact test was used. For the continuous variables, the mean and SD of the subgroups were tested for significance using Analysis of Variance (ANOVA). Since ANOVA does not comment on significant differences in subgroups, Tukey's *post hoc* honest significance difference testing was used for further analysis if the ANOVA results were significant. For the collagen fiber thickness and mean area fraction, all four statistical tests were used. For all tests, p < .05 was considered statistically significant.

RESULTS

Expression of α -SMA was not observed in the stroma of normal oral mucosa except for the blood vessels. The α -SMA expression in OSCC samples is shown in Table 1 and Figs. 1, 2, and 3. Among the different degrees of differentiation, a statistically significant increase in the intensity of α -SMA expression was found in MDSCC compared to WDSCC and in PDSCC compared to MDSCC (p < .001). A variation in the pattern of α -SMA expression

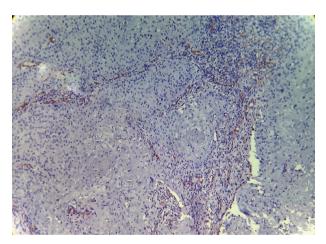


Fig. 1. Light microscopy image of well-differentiated squamous cell carcinoma showing mild α -smooth muscle actin positivity in the stroma. Myofibroblasts can be seen distributed in a focal pattern.

Table 1. Level of α-SMA	expression in malignant lesions

Time of leader	No. of coope	α-SMA intensity score (%)			
Type of lesion No. of cases		0	1+ (mild)	2+ (moderate)	3+ (intense)
WDSCC	29	4 (13.8)	17 (58.6)	8 (27.6)	0
MDSCC	25	0	7 (28)	13 (52)	5 (20)
PDSCC	11	0	0	3 (27.3)	8 (72.7)

Values are presented as number (%).

Fisher exact test p < .001.

α-SMA, α-smooth muscle actin; WDSCC, well differentiated squamous cell carcinoma; MDSCC, moderately differentiated squamous cell carcinoma; PDSCC, poorly differentiated squamous cell carcinoma.

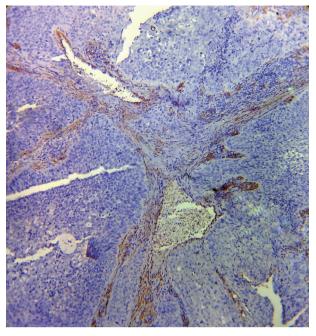


Fig. 2. Light microscopy image of moderately differentiated squamous cell carcinoma showing intense α -smooth muscle actin positivity in the stroma. Myofibroblasts can be seen distributed in a spindle pattern.

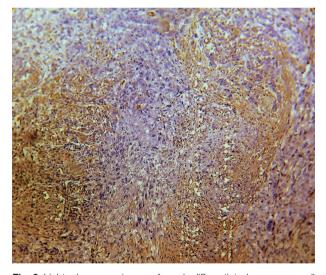


Fig. 3. Light microscopy image of poorly differentiated squamous cell carcinoma showing intense α -smooth muscle actin positivity in the stroma. Myofibroblasts can be seen distributed in a network pattern.

Table 2	Pattern	of a-S	MA	expression	in	malignant	lesions
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sion was noted among the malignant lesions, which included focal, spindle, and network patterns of stromal myofibroblast positivity as shown in Table 2. Statistically significant differences were found in the expression pattern among the malignant lesions (p < .001). The network pattern was significantly dominant in carcinomas with less differentiation.

The mean, SD, and range of fiber thickness (measured in µm) of different grades of OSCC are presented in Table 3. In WDSCC and normal mucosa, the collagen fibers appeared predominantly as bundles of thick fibers. The thickness gradually decreased as the carcinomas progressed from well to poorly differentiated. Statistically significant differences were seen between WDSCC and MDSCC (p < .001), WDSCC and PDSCC (p < .001), MDSCC and normal cells (p = .041), and PDSCC and normal cells (p =.002). The collagen fibers predominantly exhibited a parallel orientation in WDSCC, which gradually changed to a haphazard pattern with the progression towards poorly differentiated carcinoma as shown in Figs. 4, 5, and 6. These changes were statistically significant (p = .002) as shown in Table 4. The collagen fibers were densely packed around the tumor islands in most cases of WDSCC but loosely packed in most of the cases of MDSCC and in all cases of PDSCC. These differences were statistically significant (p = .001) as shown in Table 5. The mean area fraction occupied by the collagen fibers gradually decreased as the OSCC progressed from well to poorly differentiated. Statistically significant

Table 3. Collagen fiber thickness (µm) in varying grades of oral squamous cell carcinoma

Group	No.	$Mean \pm SD$	Minimum-Maximum
WDSCC	29	2.9±1.1	1.0–5.3
MDSCC	25	1.9 ± 0.5	1.0-3.4
PDSCC	11	1.3 ± 0.4	1.0-2.2
Normal mucosa	11	2.7 ± 1.0	1.1-4.2

ANOVA test results: F(3,72) = 13.423, p < .001. Significant at p < .01. *Post-hoc* Tukey's honest significant difference testing reveals significant differences between WDSCC and MDSCC (p < .001); WDSCC and PDSCC (p < .001); MDSCC and normal (p = .041); and; PDSCC and normal (p = .002).

SD, standard deviation; WDSCC, well differentiated squamous cell carcinoma; MDSCC, moderately differentiated squamous cell carcinoma; PDSCC, poorly differentiated squamous cell carcinoma.

Type of lesion	No. of cases	Negative staining	Focal pattern	Spindle pattern	Network pattern
WDSCC	29	4 (13.8)	19 (65.5)	6 (20.7)	0
MDSCC	25	0	3 (12)	8 (32)	14 (56)
PDSCC	11	0	0	2 (18.2)	9 (81.8)

Values are presented as number (%).

Fisher exact test p<.001.

α-SMA, α-smooth muscle actin; WDSCC, well differentiated squamous cell carcinoma; MDSCC, moderately differentiated squamous cell carcinoma; PDSCC, poorly differentiated squamous cell carcinoma.

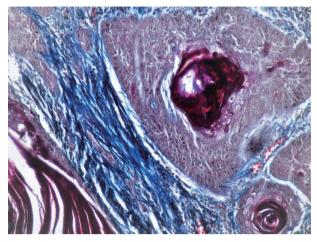


Fig. 4. Light microscopy image of a Masson's trichrome-stained section of well-differentiated oral squamous cell carcinoma showing densely packed collagen fibersexhibiting a parallel arrangement.

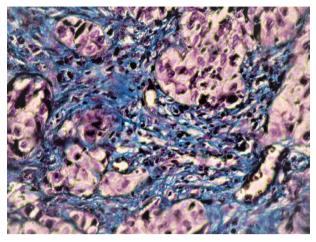


Fig. 6. Light microscopy image of a Masson's trichrome-stained section of poorly differentiated oral squamous cell carcinoma showing haphazardly arranged, loosely packed collagen fibers.

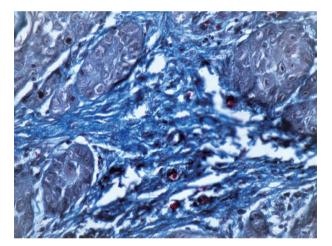


Fig. 5. Light microscopy image of a Masson's trichrome-stained section of moderately differentiated oral squamous cell carcinoma showing haphazardly arranged collagen fibers.

differences were seen between the groups as shown in Table 6.

In a majority of the samples of normal mucosa and WDSCC, the collagen fibers predominantly exhibited an OR hue with strong birefringence as seen in Fig. 7. In most of the cases of MDSCC, the fibers predominantly exhibited a YO hue with strong birefringence as seen in Fig. 8, and in a majority of the PDSCC cases, the fibers predominantly exhibited a GY hue with weak birefringence as seen in Fig. 9. These groupings were highly significant (p < .001) as shown in Tables 7 and 8.

DISCUSSION

In our study, OSCC was more common in males aged 40-59

 Table 4. Orientation of collagen fibers aroundtumor islands in varying grades of oral squamous cell carcinoma

Crouin	Fibre orie	Total	
Group	Haphazard	Parallel	TOTAL
WDSCC	13 (44.8)	16 (55.2)	29 (100)
MDSCC	19 (76)	6 (24)	25 (100)
PDSCC	11 (100)	0 (0)	11 (100)
Total	43 (66.2)	22 (33.82)	65 (100)

Values are presented as number (%).

Chi-square = 12.6, df = 2, p = .002. Significant at p < .05.

WDSCC, well differentiated squamous cell carcinoma; MDSCC, moderately differentiated squamous cell carcinoma; PDSCC, poorly differentiated squamous cell carcinoma.

 Table 5. Packing of collagen fibersaround tumor islands in varying grades of oral squamous cell carcinoma

Croup	Fibre arra	Fibre arrangement		
Group	Dense	Loose	- Total	
WDSCC	19 (65.5)	10 (34.5)	29 (100)	
MDSCC	10 (40)	15 (58.8)	25 (100)	
PDSCC	0	11 (100)	11 (100)	
Total	29 (44.6)	36 (55.4)	65 (100)	

Values are presented as number (%).

Chi-square = 14.2, df = 2, p = .001. Significant at p < .05.

WDSCC, well differentiated squamous cell carcinoma; MDSCC, moderately differentiated squamous cell carcinoma; PDSCC, poorly differentiated squamous cell carcinoma.

years, and the most common site for oral cavity lesions was the floor of the mouth. In previous studies, oral cancer was also most common in middle-aged and older individuals.^{19,20} Increased exposure to risk factors, such as smoking and tobacco or betel chewing, in males makes them more prone to develop oral cancer.^{21,22} Due to the habitual placement of tobacco or a betel quid

 Table 6. Mean area fraction of collagen fibers in varying grades of oral squamous cell carcinoma

Group	No.	Mean±SD (%)	Minimum-Maximum
WDSCC	29	25.1 ± 5.5	17.7–37.0
MDSCC	25	18.9 ± 3.7	11.5-24.1
PDSCC	11	10.6 ± 3.0	7.0–16.3
Normal mucosa	11	31.5 ± 3.5	27.4-36.2

ANOVA test results. F(3,72)=51.2, p < .001. Significant at p < .05. *Post-hoc* Tukey's honest significant difference (HSD) testing reveals significant differences between all of the groups with each other (p < .001). SD, standard deviation; WDSCC, well differentiated squamous cell carcinoma; MDSCC, moderately differentiated squamous cell carcinoma; PDSCC, poorly differentiated squamous cell carcinoma.

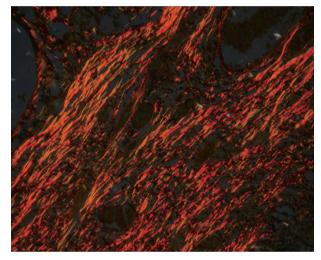


Fig. 7. Polarizing light microscopy image of a Picrosirius redstained section of well-differentiated oral squamous cell carcinoma showing densely packed collagen fibers (arrow) exhibiting a parallel arrangement and orange-red birefringence.

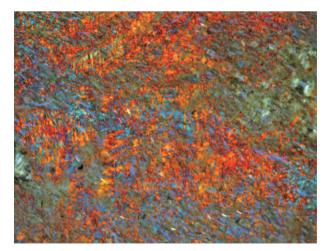


Fig. 8. Polarizing light microscopy image of a Picrosirius redstained section of moderately differentiated oral squamous cell carcinoma showing haphazardly arranged, loosely packed collagen fibers (arrow) exhibiting yellowish-orange birefringence.

on the floor of the mouth, this site appears to be at increased risk of developing carcinoma.

In our study, we found a significant increase in the number of

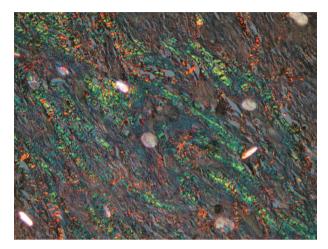


Fig. 9. Polarizing light microscopy image of a Picrosirius redstained section of poorly differentiated oral squamous cell carcinoma showing haphazardly arranged, loosely packed collagen fibers (arrow) exhibiting greenish-yellow birefringence.

 Table 7. Colors observed via polarizing light microscopy in varying grades of oral squamous cell carcinoma

Group -		Total		
Group	OR	YO	GY	IUtai
Normal mucosa	6 (54.6)	4 (36.4)	1 (9.1)	11 (100)
WDSCC	18 (62)	8 (27.5)	3 (10.3)	29 (100)
MDSCC	9 (35.3)	13 (52)	3 (12)	25 (100)
PDSCC	0 (0)	3 (27.3)	8 (72.7)	11 (100)
Total	33 (43.4)	28 (36.8)	15 (19.7)	76 (100)

Values are presented as number (%).

Fisher's exact test, p < .001. Significant at p < .01.

OR, orange red; YO, yellowish orange; GY, greenish yellow; WDSCC, well differentiated squamous cell carcinoma; MDSCC, moderately differentiated squamous cell carcinoma; PDSCC, poorly differentiated squamous cell carcinoma.

Table 8. Nature of birefringence observed in varying grades of oral squamous cell carcinoma

Croup	Birefrin	Total	
Group	Strong	Weak	TOLAI
Normal mucosa	10 (90.9)	1 (9.1)	11 (100)
WDSCC	26 (89.6)	3 (10.3)	29 (100)
MDSCC	19 (76)	6 (24.0)	25 (100)
PDSCC	3 (27.3)	8 (72.7)	11 (100)
Total	60 (81.1)	14 (18.9)	76 (100)

Values are presented as number (%).

Chi-square = 19.2, df = 3, p < .001. Significant at p < .01.

WDSCC, well differentiated squamous cell carcinoma; MDSCC, moderately differentiated squamous cell carcinoma; PDSCC, poorly differentiated squamous cell carcinoma.

myofibroblasts in OSCC compared to normal tissue, and more myofibroblasts were seen in more dedifferentiated carcinomas. Previous studies have demonstrated that factors derived from aggressive tumor cells are able to diffuse through the basement membrane and stimulate myofibroblast transformation.^{23,24} OSCCderived tumor growth factor β 1 promotes fibroblast–myofibroblast trans-differentiation. and factors released from these myofibroblasts induce tumor cellular proliferation.²⁵⁻²⁷ Additionally, hyaluronan is implicated in myofibroblast formation and maintenance. Reduced turnover of hyaluronan has been linked to differentiation of myofibroblasts, and there is a reciprocal relationship between the amount of hyaluronan in the matrix and the ability of myofibroblasts to deposit fibrillar matrix components.²⁸

We found large variations in the pattern of α -SMA expression among the malignant lesions ranging from focal to spindle to network patterns of stromal myofibroblast positivity. In general, the network pattern of α -SMA was seen more often in more dedifferentiated carcinomas. It is likely that neoplastic lesions show more severe invasive behavior and a poorer prognosis because of the higher number of network-arranged myofibroblasts.^{13,25} In a similar study, IHC was used to detect α -SMA–positive myofibroblasts in gastric cancer stromata and in non-neoplastic mucosa. Because more myofibroblasts were seen in gastric cancer than in the non-neoplastic mucosa, it was concluded that an increased number of collagen-producing myofibroblasts may be a crucial cause of increased collagen deposition in gastric cancer.²⁹

In our study, the collagen fibers predominantly appeared as bundles of thick fibers in WDSCC. Previous studies have shown thata collagen-rich microenvironment can promote invasion and metastasis.³⁰ Similar to previous findings, the thickness of the collagen fibers decreased with progressing OSCC.^{6,31} As cancer progresses, changes in the thickness of collagen fibers occurs with a decrease in the existing type I collagen and a simultaneous increase in type III collagen due to enzymatic degradation brought about by myofibroblasts.^{7,32} Matrix metalloproteinases (MMPs) and lysosomal enzymes, particularly acidic cathepsin, are important proteolytic enzymes responsible for connective tissue dissolution.^{6,33} Hyaluronan synthase 2 is one of the key regulators responsible for myofibroblast-mediated OSCC progression and acts by modulating the balance of MMP1 and tissue inhibitor of metalloproteinases (TIMP1).³⁴

Several changes occurred in the arrangement of the collagen fibers with the progression of OSCC. First, the orientation of collagen fibers changed from parallel to haphazard as seen in other studies.^{7,18,35} Several studies have reported that collagen fibers are realigned with respect to the tumor border to promote cell invasion by enabling cells to migrate along the collagen fibres.³⁶⁻⁴⁰ The packing of the fibers also changed from dense to loose as the carcinoma progressed, which was similar to a previous study.⁷ The dense arrangement of collagen fibers is due to increased synthesis and increased cross-linking of fibrillar collagen by myofibroblasts.²⁹ With the progression of cancer, there is increased degradation of the stroma making it loosely packed.^{6,33} Finally, the mean area fraction occupied by collagen fibers decreased gradually with progression from WDSCC to PDSCC as in previous studies.^{41,42} This could be attributed to MMP-1, which causes degradation of type I collagen leading to a decrease in the mean area fraction.⁴²

Differences in interference colors and birefringence intensity can be due to distinct patterns of physical aggregation, the degree of polymerization, and the three-dimensional organization of collagen fibres.^{15,43} The strong birefringence and OR hue of the control and WDSCC samples appear to be related to the higher amount of thick type I collagen fibers. The weak birefringence and greenish-yellow hue of the PDSCC samples could be either be due to an increased number of thin fibers (i.e., type III collagen fibers that were identified as reticulin fibers) or the result of abnormal or pathological collagen formed by the tumor cells or stroma. Regardless of the cause, our results were in accordance with those of other studies.^{3,6,7,16,17,31}

It was recently reported that pharmacological inhibition of NOX4 slows tumor growth in vivo by targeting myofibroblasts.⁴⁴ Lysyl oxidase-like 2 (LOXL2) antibodies disrupt the orientation and width of collagen fibers, ultimately resulting in decreased tumor growth.⁴⁵ Our data revealed that collagen fibers were quantitatively and qualitatively reorganized in the stroma of OSCC. We believe that the increase in activated fibroblasts (i.e., myofibroblasts) was a crucial contributor to collagen reorganization. Initially, there is an attempt to restrict the movement of tumor cells, but as the cancer progresses, there is an increase in pathological collagen, which enhances movement of the cells within the stroma. Therefore, targeting myofibroblasts and collagen cross-linking enzymes may be a promising treatment for oral cancer.

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Conflicts of Interest

No potential conflict of interest relevant to this article was reported.

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