

# Mucinous Cystadenoma of the Testis: A Case Report with Immunohistochemical Findings

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Received: June 29, 2016 Revised: August 18, 2016 Accepted: August 30, 2016

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Tel: +82-2-740-8380 Fax: +82-2-743-5530 E-mail: blue7270@snu.ac.kr Mucinous cystadenoma of the testis is a very rare tumor. Herein, we report a case of mucinous cystadenoma arising in the testis of a 61-year-old man, along with a literature review. Computed tomography showed a 2.5-cm-sized poorly enhancing cystic mass. Grossly, the tumor was a unilocular cystic mass filled with mucinous material and confined to the testicular parenchyma. Histologically, the cyst had a fibrotic wall lined by mucinous columnar epithelium without atypia. Immunohistochemical staining was positive for cytokeratin 20 and CDX2, as well as focally positive for cytokeratin 7. The pathologic diagnosis was mucinous cystadenoma.

Key Words: Testis; Cystadenoma, mucinous; Immunohistochemistry

Testicular/paratesticular tumors resembling mucinous or serous ovarian tumors are rare; between the two subtypes, mucinous neoplasms are less commonly reported than serous neoplasms. <sup>1-7</sup> To our knowledge, there have been approximately 24 case reports of mucinous neoplasms of the testis or paratestis, and only four cases of "testicular mucinous cystadenoma" were found in the English-language literature (Table 1). <sup>1,2,8-11</sup> In Korea, two cases of mucinous cystadenomas of the paratestis or spermatic cord have been reported. <sup>4,7</sup> However, there has been no published report of testicular mucinous cystadenoma in Korea. Here, we report a case of mucinous cystadenoma in the parenchyma of a testis.

### **CASE REPORT**

A 61-year-old Korean man presented with a painless right testicular mass. Serum tumor markers including  $\beta$ -human chorionic gonadotrophin,  $\alpha$ -fetoprotein, and lactate dehydrogenase were within normal limits. Urine cytology was negative for

malignant cells. Computed tomography (Fig. 1A) and ultrasound (Fig. 1B) imaging showed a 2.5-cm-sized poorly enhancing cystic mass at the right testis. Radical orchiectomy was performed.

Pathological examination demonstrated that the cystic mass was confined within the testicular parenchyma, with a size of  $2.5 \times 2.4 \times 1.7$  cm. On macroscopic examination, the mass had a unilocular cavity filled with mucinous materials (Fig. 1C). The cyst wall was composed of thick fibrous tissue. There was no solid or papillary growth or calcification in the cyst.

Microscopically, the cyst was surrounded by a thick fibrous wall and was filled with mucinous material (Fig. 2A–C). The cyst had a single layer of columnar mucinous epithelial cells without nuclear atypia (Fig. 2D). Stromal mucin spillage was found around the tumor with inflammatory cell infiltration (Fig. 2E). The inflammatory cells were composed of lymphocytes, plasma cells, and histiocytes (Fig. 2F). There was no hemorrhage, necrosis, or calcification. Teratomatous elements, such as cartilage, bone, or other mesenchymal teratomatous compo-

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Table 1. Cases of primary testicular mucinous cystadenoma

Age (yr)	Side	Maximum diameter (cm)	Immunohistochemistry	Follow-up	Reference
61	Rt	2.5	CK7 (f+), CK20 (+), CDX2 (+), PAX8 (-), Calretinin (-), D2-40 (-), WT-1 (-)	NDR 13 days	Current case
43	Rt	4.6	ND	NDR 2.5 yr	Shimbo et al.2
35	Rt	9.0	AFP (-), CA 19-9 (-), MUC2 (+), MUC5AC (-)	NDR 8 mo	Nokubi et al.9
55	Rt	4.0	CK7 (+), CK20 (+), MUC2 (+), MUC5AC (+)	NDR 5 mo	Naito et al. 10
39	Rt	2.0	CK7 (-), CK20 (+), CA125 (-), Chromogranin (f+), Synaptophysin (-)	NDR 1 yr	Alasio et al.11

Rt, right; CK7, cytokeratin 7; f, focal; +, positive; CK20, cytokeratin 20; -, negative; NDR, no disease recurrence; ND, not none; AFP, α-fetoprotein; CA 19-9, carbohydrate antigen 19-9; CA125, carbohydrate antigen 125.

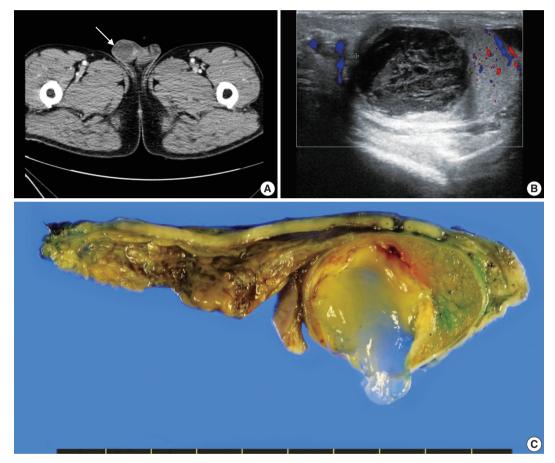


Fig. 1. Representative images of radiologic and macroscopic findings of a right testicular mass. Computed tomography (A) and ultrasound imaging (B) present a cystic mass (arrow in A) suspected to have a tumorous condition. (C) Surgical specimen reveals a mass with a unilocular cyst filled with mucinous materials.

nents, were not found. Squamous epithelium and intratubular germ cell neoplasia were also absent. Mitotic figures were not observed. Microscopically, the tumor was limited to the testicular parenchyma without involvement of the tunica albuginea.

Immunohistochemically, the lining epithelial cells were positive for cytokeratin 20 (CK20) (Fig. 3A) and CDX2 (Fig. 3C), as well as focally positive for cytokeratin 7 (CK7) (Fig. 3B). The cells were negative for PAX-8 (Fig. 3D), D2-40, WT-1, and

cytokeratin 5/6 (CK5/6). Calretinin was weakly positive in cytoplasm.

This study was approved by the Institutional Review Board (IRB) of Seoul National University Hospital.

## **DISCUSSION**

Mucinous neoplasms of the testis or paratestis are rare and

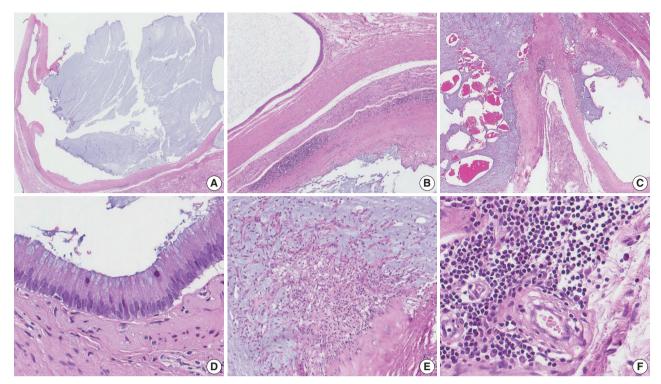


Fig. 2. Microscopic findings of the mucinous cystadenoma of the testis. (A) The tumor has a uniloculated cyst with an expanding growth pattern. (B) The cyst is surrounded by a thick fibrous capsule, and there are some inflammatory cells around the tumor. (C) The cyst is filled with mucinous material. (D) The wall of the cavity is lined by a single layer of columnar mucinous epithelium, and the lining cells show no cytologic atypia. (E) Mucin extravasation into the stroma and some inflammatory cell infiltration are observed. (F) The inflammatory cells are composed of lymphocytes, plasma cells, and histiocytes.

not well described in the medical literature. <sup>8,12</sup> The first reported case of mucinous neoplasm was mucinous cystadenoma in the paratestis of an 11-year-old boy by Kellert in 1959. <sup>1</sup> To date, most reported testicular/paratesticular ovarian-type surface epithelial neoplasms have been of the "serous" subtype, <sup>5,13,14</sup> and "intratesticular" neoplasms have rarely been reported. <sup>12</sup> Previous papers reported approximately 24 cases of mucinous neoplasms of the testis or paratestis; among these, only four reports described "testicular mucinous cystadenoma" excluding the present case. <sup>1,2,8,9</sup> In the Korean literature, three cases of serous borderline tumors of the testis/paratestis and two cases of paratesticular mucinous cystadenomas were found, but there has been no report of any "mucinous cystadenoma of the testicular parenchyma" to date. <sup>3-7</sup>

The histologic features of mucinous cystadenomas of the testis resemble those of common ovarian mucinous cystadenomas. <sup>1,2</sup> That is, the cyst is typically composed of mucinous epithelium with tall, columnar endocervical-like cells lacking nuclear atypia. <sup>15</sup> However, there are several histologic differences between testicular mucinous cystadenomas and ovarian mucinous cystadenomas. Testicular mucinous cystadenomas are generally not as large as

ovarian tumors, purportedly because the testicular tumors are found by patients earlier than their ovarian counterparts due to the sites at which the tumors arise. Testicular tumors are more often unilocular and more frequently exhibit mucus extravasation associated with fibrosis or calcification than ovarian tumors, possibly because of trauma due to their superficial location.<sup>15</sup>

The origin of testicular mucinous neoplasms has not yet been clarified; thus, several hypotheses have been suggested. Ulbright and Young<sup>15</sup> supported the theory that the tumors arise from metaplasia of the mesothelium of the visceral tunica vaginalis. Another theory, suggested by Shimbo *et al.*,<sup>2</sup> is that inflammation results in mesothelial introduction into the testicle and mucinous metaplasia. The theory that the tumors arise from the remnants of the Müllerian ducts persisting in the male appendix, testis, or extratesticular scrotal contents is considered the most reasonable by some researchers.<sup>8,16</sup> Others have postulated the possibility of one-sided teratoma cell differentiation.<sup>9,15,17</sup>

Differential diagnoses include testicular mucinous borderline neoplasms/carcinomas, germ cell tumors, mesotheliomas, and metastatic mucinous tumors.<sup>15</sup> In comparison with mucinous borderline tumors or mucinous carcinomas, mucinous cystade-

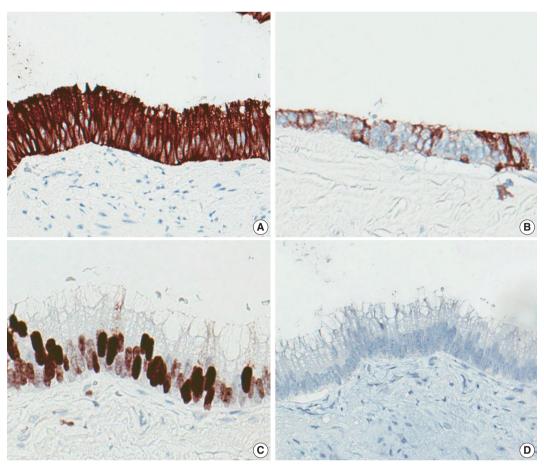


Fig. 3. Immunohistochemical staining results. The lining cells are positive for cytokeratin 20 (A), focally positive for cytokeratin 7 (B), positive for CDX2 (C), and negative for PAX8 (D).

nomas lack the atypia of tumor cells.<sup>8,15</sup> Testicular mucinous carcinomas or borderline neoplasms have been reported more frequently than testicular mucinous cystadenomas. To date, seven mucinous borderline neoplasms and four mucinous carcinomas have been reported.<sup>1,8</sup> It is also important to rule out germ cell tumors, for example, teratomas with prominent mucinous components. Teratomas are known to occur in patients with a median age of 23-29 years. Teratomas almost always have components other than mucinous epithelial lined cysts, and 90% of those tumors occurring in adults are accompanied by intratubular germ cell neoplasia of unclassified type. 15 Unlike testicular mucinous cystadenomas, mesotheliomas exhibit positivity for calretinin, which is known to be expressed in mesothelial cells.<sup>10</sup> Pathologists must consider metastatic mucinous tumors. The appropriate immunohistochemical staining, cytologic atypia, and history of mucinous carcinoma are critical for determining the origin of the tumor.

The immunohistochemical profile of the tumor has not been specified until now.<sup>8</sup> However, in several reports, testicular muci-

nous neoplasms have shown immunostaining that is positive for both CK7 and CK20 or positive for CK20 and negative for CK7.8 The present case showed positive staining for CK20 and focal positive staining for CK7, a result similar to previous studies. Additionally, the present case also showed positive staining for CDX2 and negative staining for PAX8, D2-40, and CK5/6. Calretinin immunostaining was weak only in the cytoplasm. CDX2 is known to be useful in distinguishing primary ovarian mucinous tumors from metastases of lower gastrointestinal tract origin.<sup>18</sup> There has been only one case report of CDX2 expression in testicular or paratesticular mucinous neoplasms, revealing CDX2-positive and PAX8-negative staining. 4 Together with the results of this report, testicular or paratesticular mucinous tumors may express CDX2. Immunohistochemical results for calretinin, CK5/6, D2-40, and PAX8 suggest that testicular mucinous cystadenoma does not originate from mesothelium or Müllerian duct remnants, while the results support the possibility of monodermal teratoma differentiation.

Although only a small number of testicular mucinous cyst-

adenomas have been reported, these reported cases have shown good prognosis, similar to the prognosis of ovarian mucinous cystadenomas.<sup>1</sup>

In conclusion, mucinous cystadenoma of the testis is an extremely rare benign tumor and likely expresses CDX2.

#### **Conflicts of Interest**

No potential conflict of interest relevant to this article was reported.

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